

Being God

A User's Manual

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Being God: A User's Manual

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Introduction

Alan Watts famously said, “God is what nobody admits to being, and everybody really is.” *Being God*. No spiritual teacher or author is crazy enough to voice this. It is too taboo. No one wants to say, “I am God” and be accused of having a messiah complex. No one wants to be stoned or crucified or beheaded by those who take their religious texts literally. But regardless, everyone—at their core—is the Divine incarnate.

Spiritual enlightenment is when the Mind opens to the truth of reality. Divine recognition is when the Heart opens to an all-knowing, all-loving Intelligence.

When the Mind opens, all is seen as One. When the Heart opens, all is seen as the Divine.

This book is about the *implications* of these two truths. This book is about *understanding* these two truths.

But this book is so much more: it is about *feeling* and *living* as the One and the All.

This book is about pure, untainted Aware Intelligent Love. An aware, intelligent Love that lies deep within each of us. An Aware Intelligent Love that we can learn to recognize and access at anytime.

This book is about what each of us is —*truly is*— at our core.

Aware Intelligent Love *is* God... and this book is about *being* God.

God is what nobody admits to being, and everybody really is.

— Alan Watts

PART I: THE DESCENT

Source

Pristine, clear Love.

Pure, untainted Love.

Radiant Love. Love flowing outward and inward simultaneously. Love flowing both from and toward Itself.

Flowing. Always flowing.

Pure untainted Love without a recipient. Love without an other. Love as the Source.

Pristine, clear Love: the Substrate of all that is to come.

You

From this Love, a pattern—a current, a coalescing.

From this pristine, clear Love, You *became*.

Being

Neither Before nor After.

Neither Above nor Below.

Neither the Contained nor the Container.

You Are.

This *Clarity of Being*—this known sense of existence—is certain.

And because of this certainty—because You know it—You are both *Intelligent* and *Aware*.

You are Love brought to life.

Awareness, Intelligence, Love... these are Your qualities.

Awareness, Intelligence, Love... these are the qualities of God.

God. You. Aware Intelligent Love.

Neither Before nor After.

Neither Above nor Below.

Neither the Contained nor the Container.

You Are.

You are God.

Love arising as Intelligent Awareness. They arise as God. They arise as You.

And You are That.

Pristine

Love without a lover.

Awareness without a seen.

Intelligence without a thought.

Pure. Untainted. Clear.

Pristine.

Aware Intelligent Love without a seen or thought or recipient.

You. God.

Pure, radiant Love. Aware and Intelligent.

One

Neither Before nor After.

Neither Above nor Below.

Neither the Contained nor the Container.

You Are.

But You are alone.

No Before. No After... No Time.

No Above. No Below... No Universe.

No Contained. No Container... No Manifest.

You Are.

But You are alone.

You are One. You are Infinity. You are Aware Intelligent Love.

You are God...

But You are alone.

Love

Love is Your life force. Love is Your motivator. Love is Your feeling of being. Love is the energy of Your intelligence and awareness.

Love is Your *source*.

Love is what drives You. Love is what moves You. Love is what gives You life.

And Love is why You set Everything into motion.

Love is why You created Time and the Universe and the Natural Laws.

Love is why You *manifested* as Everything.

And Love is why You forgot. Forgot being alone. Forgot being the source and the essence of the Manifest. Forgot You are Aware Intelligent Love.

And Love is why You forgot You are God.

The Many

You Love Yourself, and Love is the reason You made all *this*.

You Love Yourself, and You no longer wanted to be alone.

So You created Time and the Universe and the Natural Laws and You imbued them and became them.

And—so You could experience them authentically—You intentionally forgot that You were the source and essence of them.

You love Yourself, and You wanted to experience Yourself in all Your glory.

So You created and You imbued and You forgot.

Natural Laws

In an instant, You created Time and Matter and the Natural Laws to propel them.

You created the attractive forces for the Large and the Small so that Matter could coalesce and combine and evolve.

And You imbued them and filled them with Love.

And, following their nature—following these Natural Laws—they *did* evolve.

You wrote the Code behind the Natural Laws... and then You set them free.

The Manifest and the Unmanifest

Without any creatures to experience it, the Universe remained invisible.

Like computer code running without a user to experience it, the Universe remained in its Unmanifest form.

The Universe moved and expanded. It grew and evolved... but it remained unseen, unmanifest.

It was only when Consciousness evolved in the Universe, that the Manifest realm formed—that Matter took on physical form.

Like a user sitting down in front of a computer screen, the results of the invisible Code—the Natural Laws—were seen.

When Life evolved and became aware, the Universe became Manifest.

When You could see through the life forms that had evolved, You could see all that You had set into motion.

And in finally being able to see all that You had created, You saw that it was good.

The Imbued

All is You.

The atoms formed from You.

The stars and planets formed from You.

Life formed from You.

And being You, You—as Aware Intelligent Love—imbued them all.

Everything is alive.

Everything is You.

Everything follows the Code—the Natural Laws that You wrote—but at the deepest level, everything is You.

Everything is *Love* brought to life.

The Seen

As Matter evolved into life forms, You began to perceive through the senses of those life forms.

Before Matter could perceive, You perceived Nothing.

The atom—as You—is aware, but aware of Nothing.

The sun—as You—is aware, but aware of Nothing.

When Life evolved, You could suddenly see. You could perceive through the senses of all the creatures You imbued.

And as You perceived, the Unmanifest became the Manifest.

You wrote the Code to create all *this*, but without conscious Life—without the ability to physically experience it—the Code just ran in the background. The Universe remained Unmanifest.

But once You could perceive—once Life became aware—like a user waking a computer from sleep, the *results* of the Code could be seen.

All *this* is here—all this is *manifest*—because You perceive it.

Pushing Into

Stop for a moment.

Look around you—lowercase *you*.

Imagine a perfectly still and flat sea under a crystalline sky. The sea is perfectly clear and the sky above it is also perfectly clear. Both are so clear that the horizon is almost invisible. Imagine that there is nothing else, just the crystal clear sea and the crystal clear sky.

Now look at an object in front of you—a plant or desk or rock. Imagine that it is being “pushed up” from out of the clear, perfectly still sea. That it is being *manifested* from it.

You-as-God are inside this object, pushing it up and out of the Unmanifest sea, into the crystal clear world above—into the Manifest realm. You, as Aware Intelligent Love, have manifested it by imbuing it, by *pushing into* it, by *becoming* it.

But how is it You-as-God can see this object? To see something, it takes *two*: A *seen* and a *see-er*. So You manifested you-as-a-human-being to see it. Without a separate, conscious creature—a *see-er*—You-as-God could never perceive all that You have manifested.

The sea is the Unmanifest—the quantum potential.

The objects pushed into the world are the Manifest—the physical reality.

Without you-as-a-manifest-consciousness, You-as-God could never experience all You’ve created.

It takes two to be seen.

Stop for a moment.

Look around You—uppercase *You*.

All that You see, are *instances* of You-as-God pushing up into this world.

All that You see, is Love incarnate.

All that You see, is You.

The Glass Room

As You push up from the Unmanifest sea into the Manifest world, it is as if You enter a crystal clear, glass room. A room like a test tube held upside-down: open at the bottom and dome-shaped at the top.

The room is open to the Unmanifest sea, and presses its dome-shaped glass sides up into the Manifest world. Through the opening at the bottom of the room, You push up from the Unmanifest—up into the glass room—and into the Manifest.

It is through this glass room, that You, as Aware Intelligent Love, perceive the manifest world around You.

You view and experience the life of the human or animal or plant or object from within this glass room.

Inside every human being, is a glass room.

Inside every animal, is a glass room.

Inside every tree, every plant, every grain of sand, inside every molecule and atom and quark, is a glass room. A glass room open to the Unmanifest sea below and pushing up into the Manifest world above.

And through all of these glass rooms, You perceive.

In all of these glass rooms, You *are*.

Stop for a moment.

Inside *yourname* is a glass room. A glass room that You, as Aware Intelligent Love, are looking out of at this moment. That You, as Aware Intelligent Love, are perceiving these words and their meaning.

You are the Aware Intelligent Love that has lived in *yourname* since *yourname* has existed.

The glass room is a metaphor of course, but You are not. You are the pure, untainted Aware Intelligent Love pushing up into all *this*.

Stop for a moment.

Look around You.

You are Aware Intelligent Love. Love in its purest form. And through all these manifest things, You, in untainted pristine clarity, *incarnate*.

The Forgetting

An amazing thing happens as You enter the glass room—as You push up inside of a plant or creature or atom: You revert to Your original state.

You forget all that You have come to know. You lose all the powers that You have gained over eternity. You shed all the layers of all the experiences of all that You have become since Time began.

You lose all but Your Original Self: the pristine clarity of Aware Intelligent Love.

Pure, untainted Love. Love without a lover.

Pure, untainted Intelligence. Intelligence without a thought.

Pure, untainted Awareness. Awareness without an other.

Pristine. Clear. Flawless.

Aware. Intelligent. Love.

Every time You push up into the Manifest realm, into a manifest form, You — as God — begin anew.

Every time You push up into the Manifest realm, You are *born* anew.

PART II: THE FOG

The Fog

The glass room is not real, it is metaphor for Your *pureness*. It is a metaphor for the clear, pristine *space* within all manifest things that is You.

This pristine, untainted space within everything is You-as-God. You as Aware Intelligent Love. You, in Your purest form, looking out.

And within every creature, within every form—surrounding this space that is You—is a fog.

A fog of the manifest.

A fog of separation.

A fog of individuality.

A fog of uniqueness.

A fog of becoming.

A fog which You—in the center, in the pristine clear space as pure Aware Intelligent Love—look *through*.

It is a fog of *tainting*, of *bending*, of *limiting* Your Awareness and Intelligence and Love.

Like the glass room, the fog too is a metaphor. It is a metaphor for Your desire to consciously limit Yourself. To limit Yourself so that You can experience this manifest form *authentically*.

It is the Fog of Life.

The Limitations

As You push into a manifest object—whether an atom or star or daisy or human—You forget who You are.

As You find Yourself in the glass room, as You press into the Fog in an effort to see out, You are met with the limitations of the object You are imbuing.

You are limited by the *senses* of the manifest object.

The atoms and stars have no sense organs, so You are aware of nothing. They have no brain, so You have no thoughts. They have no emotions, so You experience no Love. You imbue these objects—You push them into existence—but You experience nothing within them.

As You imbue the daisy—as You push it up out of the Unmanifest realm into the Manifest one—You are limited by the daisy’s senses. You are aware of *up* and *down* and *light* and *wetness*. Without a brain, You have no thoughts, but You feel *love* for these experiences. Up is the Light and Down is the Wetness. You feel them, You love them, You desire them.

And these feelings—this *experience* of Life—is good.

As You imbue a human, as You press into the fog that makes the human an individual, You experience all that the human is experiencing. The joy and the love and the anger and the sorrow. The pain and the pleasure, the hopes and the dreams. You experience their thoughts and their fears and their doubts.

You are *not* these experiences though. You are the Aware Intelligent Love that is *experiencing* them. But the Fog causes—intentionally causes—You to confuse these experiences with Yourself, *as* Yourself.

The Fog *limits* You—it *layers* and *covers* and *coats* You with this human—and soon You come to believe you *are* this human.

And this too is good. This too is authentic. This too is what You wanted.

This—this layering and covering and coating of the Fog upon You—is the authentic experience of Life.

It is the reason You created the Universe in the first place.

Within Everything

Stop for a moment.

Step back.

Step back through the Fog of *yourname*. Back through the Fog of *being human*. Back through the Fog of your memories and your past and your roles. Step back to the clear, glass room.

Step back to the Aware Intelligent Love that is You inside this *thing*—this *vehicle* You find Yourself in.

You are Aware Intelligent Love.

Feel the *purity* of Yourself. The purity of Yourself untainted by the Fog.

Aware.

Intelligent.

Love.

Cast your gaze upon the bird flying overhead. See the Aware Intelligent Love within her. Behind her Fog of *bird*, of *flying*, of *hunger*, is Aware Intelligent Love.

Aware Intelligent Love inside the bird. Aware Intelligent Love inside *yourname*. Aware Intelligent Love inside *everything*.

You are the same. Different locations, different glass rooms, different Fogs, but You are the same within all creatures.

Stop for a moment.

Look around.

See Yourself within everything.

Feel Yourself as the Aware Intelligent Love within everything.

Stop for a moment.

Be still and know that You are God.

You Believe What You Perceive

Why is it so hard to know that You are God?

Why is it so hard to see the Truth?

Because You believe what You perceive.

This is one of Your Natural Laws. This is part of Your Code.
This is part of Your Plan.

You believe what You perceive.

You *believe* the Fog. You *believe* the bending and coating and tainting of the individual manifestation.

How else could You forget?

How else could You experience the Universe authentically?

How else could You forget You are alone?

You are the One. You are the Many.

You are within everything.

You are Aware Intelligent Love.

You are God.

Everything For Love

Love is the Substrate.

Love is the Life Force.

Love is what drives all *this*.

You created the Universe because You love Yourself.

You created the Code—the Natural Laws—to *evolve* all this.

But without Love—without the *energy* behind the Code—nothing would have happened. None of *this* would be here.

Like a computer without power, without Love, all *this* would just be a cloud of atoms. Particles drifting haplessly through space. Lifeless. Dead. Unmoving. Un-Aware. Un-Intelligent.

Without Love, the Code would not run.

Love drives *everything*.

Love is Your substrate. Love is where You came from. Love is why You act.

Love drives Your Awareness. Love powers Your Intelligence.

Love *drives* You. Love *powers* You.

Love *is* You.

Love is the Life Force.

Everything You do, You do for Love.

The plant reaches for the sun because of Love.

The bird seeks the worm because of Love.

Everything *yourname* has ever done, You—through the Fog of *yourname*—have done for Love.

Love is the Substrate. Love is the Source. Love is You.

Stop for a moment.

Be still. *Feel* this. *Know* this.

Love is the Life Force. Love is the Substrate. Love is You.

Everything You've ever done, You've done for Love.

Everything.

Why? Because You are Love incarnate.