



THE IMPLICATIONS
OF THE SOUL

WAYNE WIRS

The Implications of the Soul

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Preface to the 2009 edition

I wrote the original version of *The Implications of the Soul* prior to my completion of *A Simple Explanation for Everything* (also available at <http://waynewirs.com>). *A Simple Explanation for Everything* introduces my theory of Higher Dimensional Interaction (HDI theory)—a radical new theory that explains everything from quantum entanglement to reincarnation.

HDI theory simply states that everything in our three-dimensional universe is the result of higher dimensional objects (4D, 5D, or 6D objects) interacting with empty 3D space.

Because HDI theory radically alters what is thought of as the soul—the soul is simply an HD (higher dimensional) version of a person—I felt it was important to update *The Implications of the Soul* to take into account this new theory.

One of the reasons it is so hard for us to think of ourselves as a soul—to *identify* with the soul—is because there is very little evidence that the human soul actually exists. With the introduction of HDI theory—as presented in *A Simple Explanation for Everything*—the soul becomes a *necessity* for the human species simply because *everything* in our 3D universe is the result of higher dimensional objects interacting with 3D space. *Every physical thing* we see and experience is the result of HD objects “poking into” our 3D world—and *everything* includes human beings. HDI theory says that we don’t *have* a soul, it says we *are* the soul.

Since *being* the soul (rather than *having* a soul) is the basis of this book, I’ve released this new, updated version to take into account new findings as a direct result of HDI theory.

Enjoy *The Implications of the Soul*, and if you like it, be sure to share it with others.

Wayne Wirs
August 17, 2009

Introduction

If you knew, *knew* you were a soul that comes back again and again, how would this revelation change your life? How would it change your perspective, your values, your day-to-day activities? How would it change your long-term goals?

Millions of people believe in reincarnation; Buddhists, Hindus, American Indians, Inuits, and many of today's spiritual seekers. Most people though, particularly in the West, focus their attention on their *past* lives—who they were and what they did—rather than what it *means* to be a soul—what it means to have *future* lives.

For example, if you thought of yourself as a soul instead of as a person—a soul who comes back after dying in this life, a soul who will feel *just like you feel right now*—you would:

- Never again fear death
- Never take life seriously
- Always think of *this* life as just another day
- Easily take life, career, and relationship risks that most people would not
- Always live true to your nature
- Pursue your dreams fearlessly and earnestly
- Treat others with respect and empathy (because of karma)

The problem, of course, is the *strength* of your belief. If you weren't raised in a culture whose faith took reincarnation as a central tenet, then your belief in yourself as a soul will probably

not be strong enough to recognize the above benefits. Simply put, you will still fear death—and it is the loss of the fear of death which unlocks *everything* else.

This book will help shift your identity from thinking of yourself as a *person*, to thinking of yourself as a *soul*.

It will explain exactly what a soul is, why reincarnation is expected for all living things, why we forget our past lives, and how we can recall them.

The goal of this book is to help you recognize these unavoidable truths—that you are a soul, not a person. That you don't die. That you live forever. That you come back, and when you do come back—you will feel just like “you.”

My Story

My life started much like most. I grew up, went to school, and joined the military. One day, I had a realization that life wasn't all that I was told it was. I started questioning authority, questioning everything I had been taught. I started practicing meditation and soon started catching glimpses of pure Consciousness. I started seeking enlightenment in earnest and continued on this path for many years. I document this growth and the realizations that I experienced in detail in my photo-essay, *Fading Toward Enlightenment* (<http://waynewirs.com>).

Before I experienced a past life, I was a strict non-dualist. Non-dualists are enlightenment seekers. They believe, ultimately, that all of existence consists of one thing. Call it Consciousness, Spirit, God, Tao..., the terms are innumerable, but the concept is the same. You are not a person, you are pure Consciousness. The world is an illusion built by the mind and its conditioning.

Buddha was a non-dualist. Zen teaches it. Ramana Maharshi lectured on it. Present day teachers are Eckhart Tolle, Gangaji, Tony Parsons, Adyashanti, and others. I still believe that the non-dual viewpoint is accurate, but, unfortunately, it is simply not practical nor even attainable with any practice. Enlightenment happens. It's like a gift. Most enlightened teachers weren't seeking it. It just happened to them. Nonetheless, there are millions of enlightenment seekers. Seekers trying to make something happen that can't be made to happen. Sad.

One day, a friend of mine, Sula DePaula (<http://suladepaula.com>), wanted to pay me for designing a website I had built for her. I didn't want to take any payment, but she insisted. In lieu of cash, we settled on her coaching me through a private breathwork session. Breathwork is a method of rapid breathing that often releases repressed, unconscious material (I have since refined this technique to target past life memories in what I call Soul

Recall). I never would have attended a breathwork session on my own, never would have paid for something that I felt was so “new-agey,” but, since it was a matter of “face,” I acquiesced.

Twenty minutes after starting the breathwork session, I suddenly found myself reliving a very painful moment from my life in 11th century Scotland. In a flash, much of that life came roaring into my consciousness—my leaving my wife to join a Christian monastery. Her killing herself because of my leaving. My overwhelming feelings of guilt and eventual suicide by throwing myself over a cliff. All recalled in less than a second. I was laying there, crying like a baby as Sula guided me along, supportive and caring.

After the session, Sula tried to help me understand the message that this memory provided. Lessons that could be learned from that life in dealing with my relationships in this life. Coming from a non-dual background—which puts almost no importance on past events—all I wanted to do was understand the implications of what it meant to have multiple lives for my present awareness.

My life as a non-dualist had taught me that even though we may experience “magical” powers or events during advanced spiritual development, one shouldn't get too attached to them. I have often experienced synchronicity, insights into a person's nature that borders on the psychic, powerful energy movements, and gut feelings that have saved my life more than a few times—but only once have I ever experienced a past life, and that was during an LSD session which I used to get through a deep spiritual blockage (documented in *Fading Toward Enlightenment*). With that particular experience, the past life aspect was overshadowed by a far deeper insight into the non-dual experience—the Oneness of Life.

So to say I was surprised to experience a past life so vividly by simply breathing is an understatement. I thought that maybe, *maybe*, I would get an insight into what was keeping me from enlightenment (and ironically, I did). But a past life? Never would I have suspected it.

Coming from a non-dual background provided me with some unique insights:

1. Going from a typical, ego-centric viewpoint to a non-dual, enlightened viewpoint is like going from grade school right into college. You're trying to skip high school. Some people can do it, but those are prodigies, Mozart's and Einstein's—not your typical spiritual seeker.
2. A central non-dual tenet is *Identity*—who you think you are. Most people never think about this, but a non-dualist is constantly trying to see through the illusion of the individual self. To identify not with the person, but with pure consciousness. The concept of a Soul is something that almost anyone can grasp and it is a very small jump from ego identification (“I’m Wayne Wirs”), to soul identification (“I’m a soul currently residing in a body called Wayne Wirs”). The shift in identity is much easier to accomplish.
3. The implications of being a soul that never dies, a soul which comes back again and again are mind-boggling. If you consider yourself to be a soul, you honestly lose the fear of death. What's to fear? You come back with pretty much the same personality, interests and values—just in a different place, time and body. Once the fear of death is lost, many other fears are lost also.

The Soul Cycle

This chapter explains what your consciousness will experience after your death. The next chapter, *HDI Theory and the Soul*, explains what happens on a more physical level. Together, these two viewpoints should help clarify the why's and how's of death and rebirth. Because of your religious and philosophical beliefs, your actual experience will probably vary dramatically, but the gist of your after-death experience will be very similar to what follows.

Let us say that you were to die right now. Do you have any regrets, any feelings of guilt, any unfinished business? Do you have any addictions, obsessions, or desires that are outside the norm? Are you excessively selfish, selfless, rude or polite? Do you have any relationship problems, anger issues, or covet your neighbor's wife? Guess what? You're coming back.

Here is a short rundown on what happens after you die. I have experienced this once as related in *Fading Toward Enlightenment* and numerous times during Soul Recall sessions.

As your life expires, you'll feel yourself floating upward away from your body. You'll feel free, light, airy and happy. You may or may not see loved ones who have passed away, but you will see and be drawn to a bright Light. You will feel powerfully attracted to this Light, as if it were your ideal lover, your other half, that which completes you—your Beloved. You will feel like you are going home.

You will merge with this Light, with your Beloved. Instantly, there will no longer be a “you” and a “Light,” but a complete oneness that is You, a You that is also everything else. You will notice that there are no boundaries within You. In fact, there is nothing but You. There is nothing outside of You. You are everything.

You will remain in this state awhile, feeling wonderful, feeling whole. Radiating pure light out into Yourself. You are the Light. There is only the Light and that Light is You. You are pleased. You are complete. You are everything. And everything is good.

Soon though, You will start to think about the person whose body You used to occupy. You'll think about that life and in particular, You will think about the last phase of it. At the exact moment that You start to feel a longing, a wish, a desire to change something about that life, You will be torn—literally ripped—into two halves. There will be you the soul, and your Beloved who becomes the Universe and everything else in it. You will be ripped apart from your Beloved, She who is the Light that you were drawn to moments after your death.

You will feel a terrible anguish, a feeling of guilt and weakness at having been ripped from your Beloved. You can see Her, but you cannot touch Her. You speak to Her, you call to Her—but she does not respond. She is the Universe, the stars, the Earth, the trees, the rivers, the plants, animals, and people. And you? You are just this little soul—an entity without a body.

You immediately realize what you must do in order to unite with Her. As a soul, you cannot grow or learn or gain new experiences, you need a body with its joys and pains and sorrows. You must find a body and live again, you must find a life that will help you overcome whatever it was that tore you apart from Her in the first place. You will do whatever it takes, suffer whatever pains may be required to merge once again with Her. To feel complete. To be whole. To be the Light, the Oneness once again.

You soon find yourself in a beautiful, serene place of knowledge. Here you can see the entire life cycle of all children and animals about to be conceived. Remembering what you must learn, the issue that tore you away from Her in the first place, you select a life that will help you overcome your failings. Instantly you find yourself hovering above your future parents in the seconds just prior to your conception.

At the moment of fertilization, you feel yourself drawn downward, pulled by your Beloved into your new life. A silent agreement is exchanged between you and Her—you will suffer

though this life, endure the hardships that lie ahead, and She will nurture, support and guide you through this life so that the next time your body dies, you will hopefully have learned what you need for the two of you to remain One forever.

This is what it feels like. This is what you will experience. The ultimate truth is that there is no separation, there never has been, nor will there ever be. You are One, there is nothing outside You. Until we recognize this though—and that is what is meant by “enlightenment” to a non-dualist—we must come back again and again and again as a soul eternally seeking the Beloved.

You probably think I'm crazy, but consider Tibetan Buddhism (the Dalai Lama's religion) or Hinduism. These religions, which have hundreds of millions of followers, say essentially the same thing—that reincarnation is real. Cultural conditioning from your previous life affects the experience though, so unless you are a devotee Hindu or Buddhist, what I have related is much more in line with what a Westerner will experience when they die.

Live. Die. Merge. Split. Repeat.

HDI Theory and the Soul

The previous chapter, *The Soul Cycle*, explains what your consciousness will experience after death and prior to your next birth. It sounds very mystical, magical and dreamlike, but, just as your body *feels* very different than what it actually is (a collection of molecules), so too does the experience of death and rebirth feel different than what is actually happening in the physical world.

According to HDI theory—as explained in my book, *A Simple Explanation for Everything*—everything in our 3D universe is the result of higher dimensional objects interacting with our 3D space. This might sound confusing and a bit new-agey, but from this simple premise, everything from quantum entanglement, gravity, dark matter, animal instincts, and yes, the human soul and reincarnation, can be simply explained.

The easiest way to understand what is meant by “higher dimensional interactions” is to envision a flat, 2 dimensional (2D) plane standing in front of the entrance to your house, much like a closed door. In the morning, as you leave your house for work, you will pass through this 2D plane. Any 2D creature living in that 2D plane will see, as you pass through his space, a 2D version of you appear, grow, change shape, and disappear. As a 2D creature, he can’t see your whole body in its entirety, only a small 2D “slice” of it at any particular moment.

In much the same way, we, as 3D human beings, are only a “slice” of a much greater 4D creature (5D if you include Time as a dimension, but let’s not confuse the issue). This “4D creature”—what I refer to as your “HD You” in *A Simple Explanation for Everything*—can be thought of as the human soul. It enters our 3D space (3D birth), changes shape (3D growth) and leaves (3D death) much in the same way as the 2D version of “you” in the doorway example above. But notice that this HD You does not *die* as it leaves our 3D space. It goes about its day as if nothing much happened.

This HD You, this soul, is the *real* you. (Author's note: There is actually a higher version, a 5D version of you which we could call Spirit. This is beyond the scope of this book, and is dealt with in detail in *A Simple Explanation for Everything*, but is the stage when you feel *united* with your Beloved as described in the previous chapter.) You, as an HD You, will still feel "like you" every time you pass through our 3D space (imagine passing through your doorway each morning and evening). Each time you pass through our 3D "doorway," you experience a new 3D life—birth, growth, and death.

The mystical, dreamlike quality of our experience as our consciousness passes out of this 3D space (3D death) can be likened to the sensation you experience when, while watching a movie in a theater, the film suddenly breaks and you are shocked back to reality. This moment of disorientation is what you, as an HD You, experience as your consciousness shifts from a 3D viewpoint to an HD viewpoint.

Since all recollections of past lives, and the stage in between lives, are recalled with our 3D minds, we can only remember the HD experience filtered through our 3D brain. Ergo, the experiences of being "pulled," the "light," the "merging with the Beloved" take on an emotional and dreamlike quality. All are partial and only somewhat accurate reflections of the actual HD experience of you, as an HD You, pass in and out of this 3D space.

So why do we, as HD Us, continue to pass in and out of the same 3D space again and again? Imagine, that instead of the 3D space being a plane in front of your house, that this 3D space was your actual house. Inside your house is your spouse, children and friends. You've just spent a lot of time in your house (an entire 3D lifetime) , you love the people in it, but, as is the case of your current life, you've made some mistakes and had some regrets. As you leave your house, the current 3D life, your guilt and regrets overwhelm you and you go back to make amends or to make your life better.

Even though it is the same "house" (3D space), your friends and family have all moved on also. So you make do. You try to make up for the wrongs you've committed, you try to improve

your values, morals and inner nature. Like with your current home, you leave, re-enter, come and go, and the cycle continues over and over until, according to Buddhist theology, perfection is reached.

You keep going back to the same 3D space, over and over, because that is where you, as an HD You, grow spiritually and emotionally.

Why We Forget Our Past Lives

If we come back to the same “home,” the same 3D space, over and over, why is it that we forget our past lives? Isn’t that the biggest flaw to the theory of reincarnation?

In answer, let me quote directly from *A Simple Explanation for Everything*:

Why would anyone in their right mind *want* to forget their past lives? Imagine for a moment that you are living in a pre-historic cave with the rest of your clan. You have a wife, a few kids, some brothers and sisters—all of whom you love deeply. Survival often meant fighting off and killing anyone who was not from your clan—anyone who didn’t look like, talk like, or wore their clothes the way your clan did.

Imagine dying a brutal and painful death because of a battle with another clan. If that wasn’t bad enough, imagine being reborn into a family of your enemy clan, knowing full well that these bastards killed your brothers and wives and children in your last life. Once you were old enough to pick up a good-sized rock, you’d probably club their leader on the head with it—and then die at the hands of the rest of the clan.

Even if you did manage to let bygones be bygones, wouldn’t you be tormented by all the lost loved ones from your past lives? Wouldn’t your suffering be tremendous, knowing that you have got no way of finding a wife or child you left behind? Knowing that all the pains, all the heartbreaks, all the agonies of those past lives would never, *ever* go away?

With such pain, wouldn’t you stop wanting to live? Wouldn’t you stop mating and producing offspring? Wouldn’t the human species just die out?

Eventually your HD You would probably say, “You know, I think I’d rather forget all the misery and heartbreak and start each life with a clean slate.” More likely it wasn’t a

conscious decision at all, since evolution would naturally favor HD people who *forgot* their past lives and started each life with just the right amount of knowledge to skillfully survive and happily multiply.

By starting each life with no memory of your past lives, you forget all past pain, all loss, all grudges, all wars, all wrongs. You have the opportunity to live a long and fruitful life, full of love, lust, mating and offspring—the keys to a species survival.

It's not that we forget our past lives, it's that we instinctually *repress* those memories. This also explains the success hypnosis has at helping people recall past lives, since hypnosis is so good at helping us recall *repressed* memories from *this* lifetime.

Past life memories are instinctually repressed and not readily recalled simply because humanity would never have survived with all the animosity, hatred and heartache that goes along with remembering our past lives.

Remember though, it is still the same “you” who comes back, since “you” are really an HD You (a soul). You will *feel* the same, you will have the same personality, you will have the same moral fiber—and you will still have the same “flaws.” These flaws and past life regrets, though you may not remember them consciously, will still affect you unconsciously since they are a part of your “soul nature.”

Identification: Who Am I?

“Who am I?” Many non-dualists believe that by inquiring deeply into this question you can attain enlightenment.

When asked, “Who are you?” most normal people would tell you a bit about themselves: what they do, how many kids they have, where they were born and where they live now. A non-dualist would say that they are the witness to what their body and mind is experiencing. An enlightened person would tell you they are Awareness, God, Consciousness, Everything or Nothing.

Who (or what) you think you are is what is meant by identification. Most normal people wouldn't think twice about who they are. They know. It's a given. It's obvious.

They're wrong.

More accurately, they're only partially right. The Witness is partially right. Awareness is partially right. The Soul is partially right. All of them together—is right. It's a paradox. You are each of these things, you are everything, you are nothing, and you are yourself. No wonder enlightenment is so tough.

It doesn't need to be that difficult. We simply have to stop reaching for the stars (enlightenment, Heaven, perfection) and start reaching for that very attainable gold ring called the Soul—your HD You. Screw enlightenment. Screw being perfect. Shift your identity (who you think you are) from being a human being with only one life, to being a soul who has many of them.

If you stop thinking of yourself as a person, and start thinking of yourself as a soul—the bigger, HD version of you—then your life will change dramatically. You will no longer fear

dying. You will no longer take life so seriously. You will finally have the courage to live your dreams. You will live your life true and good and right.

When you think of yourself as a soul, you see your Beloved in every tree, in every rock, in every caress of a breeze. You never feel alone. You feel motivated, alive and joyful. Life has meaning once again.

You are not StateYourName. You are the soul who is living the life of a human being called StateYourName, and when StateYourName dies, you'll come back and soon find yourself living as a young child—running and laughing and climbing trees with your friends.

Shift your identity. Shift who you think you are. Shift and be free.

A Taste

Probably the best way of getting a taste of what life is like thinking of yourself as a soul—rather than as a person—is to simply relate to you how I experience the world.

Because, beyond a reasonable doubt, I am sure that I will come back after I die and as pretty much the same person that I am now—I experience life far different from most.

I no longer fear death. I still experience instinctual fears, the fear of falling, the fear of physical pain, the fear of public speaking (exposure/judgment), but I no longer fear death. In fact, I rather look forward to experiencing dying and death itself. I want to see “how I do.”

I take risks. I don't fret much over the consequences of big life decisions. I figure that the worst that can happen to me is that I get seriously injured or run out of money or find myself homeless. If, as a result, life gets too difficult, miserable or painful, I can just “check out” and start over.

I live true. I travel, I take photographs, I write, I live close to nature. I refuse to live a life of corporate servitude. In fact, I'd rather die than work at a 9 to 5 job ever again.

I don't take life, the news, politics, or social conflict too seriously anymore. What's the sense? Taking these things seriously is just a sign of getting caught up in our “human” lives. As a soul, these things are just a drop in the ocean. Temporary and inconsequential.

I try to treat others they way I wish to be treated. My thinking is kind of like “super karma.” Though I can't prove it, I believe that eventually we come back as each and every person that has or ever will live. This is a little beyond the scope of this book, but it definitely keeps me in line when dealing with others. I will experience their life soon, so I want to treat them compassionately.

Ironically, I appreciate life so much more than I used to. I see beauty everywhere and in everything.

I love more. My love for others is outward flowing. No more clinging, or needing, or pulling, just an outpouring.

I appreciate people much more. I relate to their problems and enjoy their happiness more. I feel a brotherhood with nearly everyone.

I don't dwell on past mistakes. If I screwed up, no big deal—in the grand scheme of the soul, mistakes aren't that important. I just move on.

I don't try to fix myself anymore. I no longer feel the need to “perfect” myself. I feel a sense of acceptance for who I am, with all my “flaws.” As a soul—as just a slice of my bigger, HD Me—I see this body, mind and ego as part of the human experience, not something to be fixed.

You can live this way too. It is simply a shift in your perspective.

For an intimate and personal glimpse into my day-to-day life, a life lived as the Soul, see my blog at <http://waynewirs.com>.

The Shift

The key to identifying with the Soul is to simply remember:

I am coming back after this life ends.

Most people who recall past lives tend to add these lives to their personal, human story, "I'm special, I had a past life!"

Focusing on your past lives isn't important. In fact, thinking like that will just inflate your ego and increase your attachment to *this* life.

What *is* important after having recalled a past life is to remember:

Past lives prove that I am an eternal Soul and that I don't die.

Being The Soul

What if you don't remember a past life? Without experimenting with Soul Recall, breathwork, hypnosis, or illegal drugs, you probably won't recall a previous life. Does this mean you can't experience the benefits of identifying with the Soul? Not at all.

In advanced meditation, one of the more esoteric practices is to contemplate yourself as a Deity. The following is based on that, but instead of thinking of yourself as God, Allah, or Brahman, you are going to think of yourself as a Soul.

Most people feel that there is something more to themselves than just their body and mind. They feel they *have* a soul—though they probably don't think of themselves *as the soul*. So over the next few days, play a simple game with yourself:

- When you wake up in the morning, think of yourself as a soul who just woke up in this body and life.
- As you experience frustration during your drive to work, or anytime throughout your day, imagine yourself as a soul seeing this body reacting to these events—not “you” reacting to the events.
- Anytime during the day, as often as you can remember, imagine yourself as being the Soul and see how that changes your perspective of the current situation.
- When you get home from work, look back at the day and ask yourself, “If I was the Soul, would I still be working at this job?”
- Look at the fears that arise with that question or with any action that requires risk. As the Soul, to whom even death is inconsequential, would these fears be justified?

Free Past Life Recall Session

Nothing will help you shift your identity from being a mere human being to that of an eternal soul faster than experiencing first-hand a past life.

I've created a free audio download that you can listen to in the privacy of your home. This audio session will help you recall your own past lives via guided meditation and breathwork technique.

The audio download, as well as all my works, can be found at <http://waynewirs.com>.

Use this download and I am confident you will quickly experience a past life memory. Once you do, do not get caught up in those life experiences (that's just ego fluff). Instead, read this short ebook again and see if you can shift your identity from being a fragile and limited person, to thinking of yourself as a Soul that lives forever.

Did You Find This Book Helpful?

If you found this book helpful, I encourage you to pass it on to anyone you know who may also benefit from it.

Think what a better world this would be if more people stopped being so selfish, let go of their fears, and started living their lives more soul-centered. Share this book and help get the ball rolling.

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